

Welcome to the YMCA of Greater Boston's Sandy Island Family Camp. The enclosed information is for your reference and is useful for both first-time and returning camper families. We encourage you to contact us if you have any questions or concerns about your upcoming vacation. Our goal is to provide you and your entire family with a most pleasant experience and an unforgettable vacation.

Getting To Camp

Travel Directions:

From the South: Travel Route 93 to Concord, NH, to Exit 15E at 393/4/202. Travel approximately 8 miles from the exit to the first circle (Epsom). Travel 3/4 way around the circle onto Rte. 28N towards Alton. Travel approximately 21 miles to the next circle (Alton Circle), pass by McDonald's and head straight to Wolfeboro staying on 28N. Travel approximately 9 miles to Wolfeboro. See "**From Wolfeboro**"

Or: Travel Route 95 North to the Spaulding Turnpike at Portsmouth, which becomes Route 16 West. Take Exit 15 (Farmington/Alton) and travel on Route 11 towards Alton. Travel to Route 28 North into Wolfeboro and follow directions below.

From the West: Travel Route 89 to 93 North. Exit to Route 4 East and follow Route 28 North to Wolfeboro.

From Wolfeboro: In Wolfeboro, 28N veers off to the right. DO NOT FOLLOW 28N, but at the Junction of Rte. 109, continue straight on the main road through the center of Wolfeboro. You should now be traveling on 109N, not 109A. From Wolfeboro, travel approximately 5 and a half miles to camp. Four miles outside of Wolfeboro, you should pass the Libby Museum on your right, and shortly thereafter Tuftonboro Neck Road on your left. Keep a lookout for our sign and Northwoods Road on the left. Turn onto Northwoods Road and proceed past the farmhouse and bear left at the fork to Sandy Island Dock Road. Park head-in to unload your **tagged luggage** onto the Sandy Dock. Please park in the upper parking lot as close as possible to other vehicles. **Please remember our 10 mph speed limit.**

Arrival and Departure:

Each group has unique arrival and departure times, please check with your group leader about shuttle times. **Please arrive at the Sandy Dock 45 minutes before the listed shuttle times.**

Shuttle Departure Times to Sandy Island: EOE June 3-5, 2011 Thurs: 4 pm, Friday: 9, 10 & 11 am

Shuttle Departure times from Sandy Island: 12:15, 1:15 & 3 pm (Sign up for departure shuttle at Dinner of Sat.)

Contact Information

Sandy Island Family Camp:

(May 1 –September 30)

PO Box 10, Mirror Lake, NH, 03853-001
603-253-4217 (Phone), 603-253-5339 (Fax)

Website:

bostoncamps.org

Camping Services Branch Offices:

(October 1—April 30)

PO Box 10, Mirror Lake, NH, 03853-0010
603-569-2725 (Phone), 603-569-5869 (Fax)

Executive Director: Artie Lang, ext. 224
alang@ymcaboston.org

SI Camp Director: Kate Lemay, ext. 225
klemay@ymcaboston.org

Business Manager: Amy Goodman, ext. 222
agoodman@ymcaboston.org

What To Bring

We transport luggage, but it must be strong and self-contained. Please limit weight of individual bags to **35 lbs. or less**. Small personal items and open bags should be carried on the boat. Consider packing your clothing in plastic bags within your luggage.

Don't burden yourself with non-essentials when packing. Life at Sandy Island is simple and casual. Bring a warm jacket for cool evenings, raingear, swimsuits and plenty of informal clothing. Bedding is provided, including sheets, blankets, pillow cases and pillows. You may want to consider bringing a sleeping bag for extra comfort. Please bring your own toiletries and towels for both swimming and bathing. **Electrical items are discouraged.** A flashlight is necessary for walking safely at night and sunscreen & bug repellent are also a must. **Please reserve cribs, strollers or mobility scooters a minimum of one week prior to your arrival at camp.**

Sports Equipment:

All types of equipment are available at camp. You may wish to bring personal equipment such as tennis racquets, fishing tackle or softball gloves. For tennis players, smooth-soled shoes are required on our clay courts.

Baby Food

Please bring food for your baby. Kitchen staff will happily assist you in heating and refrigerating your food.

Additional Services on Sandy Island

Camp Store:

For your convenience, our camp store has some common toiletry goods for sale. In addition, the store also sells a variety of snacks, drinks, clothing items and knick knacks. An account must be set up before your arrival and payment must be made before you depart from camp.

Taxi Fees:

A taxi is available upon request for trips that do not correspond with regular boat shuttles. Reservations must be made at the camp office. *All taxis are one-way at a fee of \$50 per trip.*

Additional Information

Alcohol & Tobacco:

Alcoholic beverages are not permitted in the common camp areas (i.e. the dining hall, the beach, Juliette's Point, etc.) Please limit the use of alcoholic beverages to your individual private areas (i.e. cabin, cabin porch, small campfire areas, etc.). All staff and campers are expected to comply with all local, state and federal laws. Underage consumption of alcohol is illegal for both campers and staff, please do not supply alcohol to anyone you don't know or staff regardless of if they are on or off duty. We expect everyone to show good judgment and behave appropriately. Smoking is not allowed in any building or at public gatherings. Please smoke outdoors and dispose of butts appropriately. Fire Danger may prohibit smoking in any area of camp.

Insurance:

The YMCA of Greater Boston does not provide health or accident insurance for its participants. Campers are responsible for personal health/accident coverage. A completed health form is required for each family member including insurance coverage information..

Laundry:

Coin-operated laundry facilities are available for camper use. Biodegradable soap is available and sold at the camp store. Use of regular detergent is not permitted in order to protect the Sandy Island septic system.

Luggage Tags:

Luggage tags will mailed to you and will be available on check in day at the Sandy dock area. **Print your total number of bags and bag number of total, cabin name, and your last name and attach them to your luggage.** (We recommend using the white stickers that reinforce the strength of the punched hole and a garbage bag tie or piece of string) Luggage will be delivered to your cabin upon your arrival.

Did you know Sandy Island is a Family Camp during the summer as well as a host to many fun weekends in the spring and fall. Check out all we have to offer on our website!

www.bostoncamps.org

YMCA of Greater Boston Mission Statement

To build health of spirit, mind and body based on the highest ideals of the Judeo-Christian heritage, and improve the quality of life for children, individuals, families and communities in the cities and towns of Greater Boston.